

## **Break from Study, Break for Friends**

Fall Break: The big sigh after eight weeks of study, sports, and socializing. For most college upperclassmen, this is a much welcomed break; an opportunity to rejuvenate before hitting the books again. For the college freshman, Fall Break may seem like a trip back in time where reentering the world they left behind can be awkward, uncomfortable and maybe even daunting. Many freshmen will travel home to visit family and friends during break. Some students find that their hometown friendships have remained the same, and that familiar connectedness is still alive. For others it is evident early on that they have changed and so have their high school friends resulting in a